

Pension Life

Your connection to the Teachers' Pension Plan

From classroom to community, your pension makes a difference

Message from the trustees

Did you know that your pension helps grow the BC economy? As a retired member of the Teachers' Pension Plan, you are one of thousands who strengthen the economy by spending pension dollars here at home.

As trustees, we focus on the long-term value and sustainability of your pension. A stable, defined benefit pension doesn't just support members; it supports communities and reduces pressure on public services.

How do defined benefit plans boost economic growth?

What you do in a typical day contributes to a strong economy. When you spend local, you do your part to make BC communities more resilient in the face of uncertainty. Because the plan provides a secure and stable income in retirement, you can support BC businesses more dependably than people who don't have a defined benefit pension plan.

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Pensions drive economic growth for BC and Canada. Each time you buy groceries, pay for housing or go to your local mechanic, you help create jobs, increase tax revenue and help generate billions of dollars in federal and provincial gross domestic product. Across BC's public-sector pension plans, research estimates that every \$10 paid to retired members supports \$15.33 in economic activity.¹ By living your day-to-day life, you help local businesses and services thrive in urban and rural communities across the country.

Beyond the impact of retired members' spending, the plan's investments also support economic growth. By investing for the long term, the plan helps fund businesses and infrastructure that contribute to job growth, tax revenue and economic stability across BC and Canada.



Register for My Account

✓ Update your personal information	✓ Manage your beneficiaries
✓ Create an income verification letter	✓ View and print your T4A
✓ Go paper-free	✓ Contact us using Message Centre
✓ View payments and statements	✓ View health and dental coverage

Visit myaccount.pensionsbc.ca or scan the QR code with your mobile device.

Pensions help all Canadians

Your pension has a positive impact on Canadians who aren't plan members. Your pension is part of a retirement puzzle that fits together with other supports provided by Canada's social safety net. Retirees without a defined benefit pension may rely more on this social safety net; retired members with a defined benefit pension are statistically shown to rely on it less.² This balance can help make public programs more sustainable, which benefits current and future Canadians.

Pensions continue to work in retirement

We monitor the plan's long-term health so pensions remain predictable and sustainable, ensuring you can count on this income in retirement. As an educator, you dedicated time and energy to earning your pension. Your pension continues to work for you after you retire, with benefits that extend beyond your household, affecting people across Canada.

1. Canadian Centre for Economic Analysis, "The BCI Ecosystem: Economic Contribution 2024," February 25, 2025, cancea.ca/index.php/2025/02/25/the-bci-ecosystem-economic-contribution-2024/
2. Health Care of Ontario Pension Plan, "The Future of Retirement Security in Canada," n.d., hoopp.com/news-and-insights/research-and-analysis/world-bank-report-on-pension-plans

Let's celebrate your retirement journey

We're looking for volunteers to take part in upcoming photoshoots and be featured in pension communications. A professional photographer will come to you and capture moments that celebrate the people behind our pension plan.



Sharanjit (Mehat) Carroll,
retired member

As a thank you, you'll receive free digital copies to share with family and friends. You may also be invited to share your retirement story—helping inspire and connect others in our community.

[To participate, email memberphotos@pensionsbc.ca](mailto:memberphotos@pensionsbc.ca)

 my account



“With care, expertise and respect”: Cheryl Eason reflects on her trustee journey



Cheryl Eason is keeping the pension promise. In her role on the Teachers’ Pension Board of Trustees, she knows that a pension means more than just a monthly cheque; it’s dignity and security for tens of thousands of retired provincial educators.

“Your pension is managed with care, expertise and respect for the profound contribution you’ve made to our province,” she says. “It is not just a financial benefit; it’s a promise kept.”

Cheryl, who joined the board in 2018, retired as vice-president and chief financial officer at Royal Roads University (RRU) in July 2022. At RRU, she helped plan major initiatives like the RRU Langford | John Horgan Campus and the new auditorium at the Colwood campus. But for Cheryl, it’s the relationships that mattered most. “At RRU I was grateful for the chance to work with such committed staff, students and faculty,” says Cheryl.

Before RRU, Cheryl was the chief financial officer at BC Pension Corporation (Teachers’ Pension Plan’s administrative agent) and the California Public Employees’ Retirement System, the largest public pension fund in the United States.

Cheryl and her husband currently live in Nanoose Bay, northwest of Nanaimo, where Cheryl pursues her love of gardening, hiking and curling. “I love the sport of curling because it fosters team building, learning and physical benefits.”

But retirement, for Cheryl, is more than recreation. Alongside her work on the board of trustees, Cheryl volunteers on several other boards where strong financial stewardship is key. She has also pursued a designation with the Institute of Corporate Directors–Rotman Directors Education Program, which supports experienced board directors in managing complexity and driving excellence in governance.

Cheryl’s work on the board is both humbling and energizing. “When members retire, they shouldn’t have to worry about market volatility or board governance. They deserve clarity, consistency and care,” she says. “Helping to protect that is deeply satisfying. To be trusted to oversee a benefit that shapes lives and honours legacies of service? That’s no small thing.”

It’s time for a security checkup

Keeping your online account safe takes less time than you might think.



Follow these three simple steps to keep your account safe:

- **Username:** Avoid using your real name or your birth year. It should be hard for a stranger to guess.
- **Password:** Use a longer passphrase instead of a single word. Mix in some uppercase letters, numbers and symbols to make it unique.
- **Contact information:** We use two-step verification to keep you safe. Keep your email address up to date so you can receive the secure sign-in code.

[Read Get cyber safe](#) for more helpful tips to protect yourself online: tpp.pensionsbc.ca/get-cyber-safe

Retirees’ associations

BC Retired Teachers’ Association

The BCRTA safeguards the interests and promotes the welfare of its members.

Web: bcрта.ca Toll-free: [1-877-683-2243](tel:1-877-683-2243) (BC)

Email: office@bcрта.ca

BC Retired Principals’ & Vice-Principals’ Association

The BCRPVA is a group of retired professionals with common goals and interests. It promotes the welfare of its members, fosters liaisons among members and active principals and vice-principals, and supports young people by providing scholarships and bursaries.

Web: bcrpvpa.ca

BC School Superintendents Association

The BCSSA—transforming, reforming and innovating: leading and learning together.

Web: bcssa.org



Contact GreenShield for questions about your extended health care and dental coverage.

Web: greenshield.ca Toll-free: [1-888-525-7587](tel:1-888-525-7587)

Pension Life is published twice a year. You may receive more than one copy of Pension Life if you receive a pension from more than one plan. Read your statement letter to determine which plan provides your group benefits. Any person entitled to a benefit, or their agent, has the right to examine plan documents, data and public information about the plan.

Pension payments 2026

July 30	October 29
August 28	November 27
September 28	December 23

For banks outside Canada, direct deposit dates may vary.

[For more information, visit \[tpp.pensionsbc.ca/pension-payments-and-dates\]\(http://tpp.pensionsbc.ca/pension-payments-and-dates\)](#)



When contacting the plan, please include your Person ID number. (See your pension statement.)

Web: tpp.pensionsbc.ca

Toll-free: [1-866-876-8877](tel:1-866-876-8877) (Canada/U.S.)

Mail: PO Box 9460, Victoria BC V8W 9V8

Reg. T.M. British Columbia Pension Corporation
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